

# WEEKLY BULLETIN

Sterling Public Schools



April 30-May 7, 2016

**Saturday**  
**April 30**

Pioneer Conf. HS Track Meet @ Pawnee City - 9AM - Bus leaves @ 7:13AM  
\*Schedule on back

**Monday**  
**May 2**

**Breakfast:** French Toast Sticks OR WG Cereal/WG Muffin, Fruit/Juice, Milk  
**Lunch:** Lasagna Roll-Up, Corn, Lettuce Salad, Applesauce  
**TRACK Practice:** after school  
Awards Night in the gym @ 7PM

**Tuesday**  
**May 3**

**Breakfast:** WG Cereal, WG Toast, Fruit/Juice, Milk  
**Lunch:** Chicken Teriyaki, Peas, Rice, Pineapple Tidbits  
**RSH - none**  
 Freeman HS Track Invite @ Adams - 9AM - Bus leaves @ 7:51AM \*Schedule on back

**Wednesday**  
**May 4**

**Breakfast:** Scrambled Eggs, WG Toast OR WG Cereal/WG Toast, Fruit/Juice, Milk  
**Lunch:** Hamburger on WG Bun, FF and/or Swt. FF, Tomatoes, Pears  
**RSH - 7<sup>th</sup> period**  
Boys BB Meeting: grades 8-12 - 7:30AM in Mr. Cockerill's room  
**TRACK Practice:** after school

**Thursday**  
**May 5**

**SENIORS LAST DAY!!!**  
**Breakfast:** Waffles, Sausage OR WG Cereal/WG Waffle, Fruit/Juice, Milk  
**Lunch:** Salisbury Steak and/or BBQ Rib, Mashed Potatoes w/ Gravy, Green Beans, Mixed Fruit  
**RSH - 6<sup>th</sup> period**  
 3<sup>rd</sup> Grade Field Trip to Memorial Stadium  
K-2<sup>nd</sup> Grade Field Trip to Lincoln Museum  
 HS Music Concert (Large Groups) in the gym @ 7PM  
**TRACK Practice:** after school

**Friday**  
**May 6**

**Breakfast:** Egg Taco OR WG Cereal/WG Muffin, Fruit/Juice, Milk  
**Lunch:** Pork Patty on WG Bun, Broccoli w/ Cheese, Baked Beans, Peaches  
**TRACK Practice:** after school

**Saturday**  
**May 7**

Pioneer Conf. JH Track Meet @ Pawnee City - 9AM - Bus leaves @ 7:15AM  
 **GRADUATION** in the gym @ 4PM

\* USDA IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER

**MORE INFO ON BACK**

Stay up to date with all things JET related by going to the school website: [www.sterlingjets.org](http://www.sterlingjets.org), our [Facebook](#) page, and for sports scores, follow us on Twitter: [@spsjetpride!!!](#)

**PIONEER CONF. HS TRACK MEET**  
**SATURDAY, APRIL 30, 2016**  
**@ Pawnee City**

**FIELD EVENTS**  
**9AM**

<b>Series I</b>	<b>Series II</b>
Boys Discus	Girls Shot Put
Girls Discus	Boys Shot Put
Girls Long Jump	Boys Long Jump
Boys Triple Jump	Girls Triple Jump
Boys High Jump	Girls High Jump
Girls Pole Vault	Boys Pole Vault

**RUNNING EVENTS**  
**12PM**

3200 M Relay	Finals
100/110 M Hurdles	Prelims
100 M Dash	Prelims
400 M Dash	Finals
3200 M Run	Finals
200 M Dash	Prelims

**BREAK - 30 mins**

100/110 M Hurdles	Finals
100 M Dash	Finals
800 M Run	Finals
300 M Hurdles	Finals
200 M Dash	Finals
1600 M Run	Finals
400 M Relay	Finals
1600 M Relay	Finals

**FREEMAN HS INVITE**  
**TUESDAY, MAY 3, 2016**

**FIELD EVENTS**  
**9AM**

Girls Shot then Boys Shot  
Boys Discus then Girls Discus  
Girls Long Jump then Boys Long Jump  
Boys Triple Jump then Girls Triple Jump  
Girls High Jump then Boys High Jump  
Boys Pole Vault then Girls Pole Vault

**RUNNING EVENTS (Girls Then Boys)**  
**12PM**

3200 M Relay	Finals
100/110 M Hurdles	Prelims
100 M Dash	Prelims
400 M Dash	Finals
3200 M Run	Finals
200 M Dash	Prelims

**BREAK (Approx. 2:15 pm)**

**FINALS**  
**2:30 PM**

100/110 M Hurdles	Finals
100 M Dash	Finals
800 M Run	Finals
300 M Hurdles	Finals
200 M Dash	Finals
1600 M Run	Finals
400 M Relay	Finals
1600 M Relay	Finals

The schedule for the Pioneer Conference JH Track Meet @ Pawnee City on Sat, May 7, 2016 was not available on Friday when the bulletin was printed. It will be posted as soon as possible on the school website and Facebook page.

**Dear Parents,**  
The 2016 Sterling Public School Awards Night is scheduled for Monday, May 2nd, at 7:00 p.m. This year, the parents of the National Honor Society Officers and Parents of the Student Council Officers are asked to help coordinate the serving of refreshments and drinks following the formal presentations. We will be asking all Freshmen and Sophomore parents to bring a 9"x13" pan of bars or dessert that will cut into squares.